



Sports' Report



2016-2017



Another year of sport closes at St Aloysius College, there is a lot to be celebrated, with many outstanding achievements.

The highlights for this year are:

- 6th form BTEC Sport trip to Berlin with Arsenal in the Community
- Rio Homecoming Party
- NBA Basketball Coaching Invitation at the O2.
- Neochay Rodney representing London at England Schools Athletics Finals in Birmingham
- Arthur Okonkwo playing for England U16 v Brazil in Rio
- Armstrong Oko-Flex representing both England U15 and Republic of Ireland U15
- Year 7 Basketballers in Manchester for English Schools 4v4 tournament
- Year 10 winning Islington Gazette Cup Final at the Emirates Stadium
- Junior and Inter Boys reaching English Schools Regional B Finals
- 85% A-C GCSE PE results – again best in the borough.
- Top 100 State School Sport tables
- Islington Running League Champions in both age groups



The boys at St Aloysius College have a chance to participate in a wide range of activities and they have the chance to represent the school in many of these activities. As you can see from the highlights above the boys do very well in the different sports and if your son is keen to participate, please check the activities timetable and he can get involved.

The extracurricular activities have again been well attended and we again thank Arsenal in the Community for their support with the projects they have run.

ATHLETICS

In April, Finsbury Park hosted the Islington district athletics competition, where a team of year 9 boys competed against local schools in the area. The team consisted of Neo-Chay, Jordan Sackey, Levi Liston, Isaiq Araba and Jaidon Rincon. St Aloysius won the competition overall and secured a place in the regional athletics competition later in the year.

In May, Mr Emsley and Mr Ratcliffe took the best athletes from years 7-9 to the Simmonds Cup in East London. There were some excellent performances by Cameron Paul who came 2nd in the shot and Connor Walsh came 3rd in the javelin for the year 7's. In year 8, Aaron Keto in the high jump as he set a new London record and won the 800m. Samuel Iling did well in the 100m and Solomon Hamilton in the Discus, as well as the 4x400m team came 2nd overall. In year 9, Neo-Chay Rodney came 2nd in the long jump and 200m, Jaidon Rincon came third in the triple jump and hurdles. Overall standings put year 8 2nd out of 16 schools, which was excellent. Year 9 came 7th overall and the year 7's came 11th.

SIMMONS CUP Indoor Competition.



We were invited to attend the Simmons Cup for Athletics at lea valley indoor athletics centre. We entered both a junior and senior team. The junior boys performed very well on the day, and the junior team finished 3rd out of 16 schools competing on the day. The senior team finished a respectable 5th place. Special mention must go to both relay teams who won both their respective races against some very strong schools indeed.



Athletics – English schools Cup



The junior boys performed well at Mile End coming second in the London round of the competition scoring 352 points and made it through to the South East finals, despite some very strong competition. The senior boys fared less well with the lack of opportunity particularly hampering their progress, however we still managed to finish third scoring 390 points which was enough to take us through to the South East finals like the junior team. It was a fantastic achievement for both teams to make it through to the next round.



The South East finals were being held at Kingston upon Thames Athletics stadium. We took a strong a team as possible however our senior team was slightly depleted and credit must go to the year 9 pupils who stepped up and competed against boys a year older. We performed very well on the day dominating most of



the sprint races however some of our field events let us down on the day. Our junior actually finished joint winners with Dulwich College on 381 points, however our total score wasn't high enough to take us through to the National Finals needing a minimum of 479 to qualify. The senior boys also performed well taking into consideration the weakened team we took, eventually finishing 3rd place with a respectable 417 points. Our aim next year is to build on this success and work on our field events to establish a stronger team for next year.

BASKETBALL

The U12 basketball team have made excellent progress this year and having started the year without much experience, they completed the season playing in the 4v4 English Schools competition in Manchester. Their commitment to morning training has been a pleasure to watch with 16 -20 boys in regular attendance.

In their league matches for English schools, they beat Grieg City home and away, 31:19 and 27:23. In the finals in Manchester they beat Tuxford School 52:48, Helsby High 68:49 but were well beaten by Northampton Boys 55:21. In the Islington Schools league they had convincing wins against Colal and AMSI and with the progress they have made this year and the dedication to training the future is bright for these boys.

The 8 boys chosen for Manchester were Nicholas, Dominic, Bagy, Yonathan, Aron, JP, Joshua and Noedy. The squad is very strong however and we look forward to next season.





The U13 was not as strong as expected this season despite some strong performances. The game against St Mary Mags highlighted this when a lack of cohesion led to the teams playing a draw. The main performers were Kyle Burley and Matas Williams who have shown good commitment to training and playing. Hopefully other boys will continue to progress like Noah and we can have strong U14 season next year.

The U14s finished 3rd in their pool in the London section of the English Schools competition. The top 2 schools in the pool actually went on to compete in the National Final so it was always going to be a tough ask to progress from the group. The record of Played 8, Won 5 was a commendable effort and something on which to build as they progress to U16s.

We started with good victories against Pimlico 66:48 and Bishop Challenor 61:33 but we then suffered a heavy defeat against eventual winners St Bonaventures 118:41. A walkover against Raines and a return game win of 58:44 against Pimlico gave us a chance of qualifying but other results went against us in the end and so we ended 3rd in a very tough group. Brandon Tychouca was the star performer this season, making excellent progress and leading the boys well especially against tough opposition.

Our U19 season ended in very disappointing fashion after the team struggled to have a full squad for the best part of the campaign.

We beat Christs, Finchley 78:68 and Uxbridge College 94:63 in games in which we only had 5 fit players, including Year 11, Bami Sufianu. We then lost disappointingly against Grieg City 74:66 it meant a play off with Haringey 6th Form College. We actually went on to beat them but as we are part of the consortium, Highbury Grove used one of our players in a different competition without informing us, so we were removed from the competition which was a harsh end to the season especially for Chiem Eluwa, Jason Prince and Jordan Ogundele who worked so hard during the season.

One of the main highlights of the year was to be invited to represent Arsenal in the Community at the O2 Arsenal for a coaching session with NBA Legends on the evening prior to the NBA game at the O2. The boys thoroughly enjoyed being on court and practicing their skills.

Y7 Football

A promising first season for the year 7 football team this year. During their first experience of secondary school football at the Islington and Camden 5 a side tournament, the boys lost narrowly to Holloway school in the Semi Finals. Despite losing to Woolwich Poly School in the Inner London cup, the year 7's managed to get redemption against the same school in the FA London schools cup a month later, beating the south Londoners 4-2 in a performance that showed a blend of grit and free flowing stylish football.

Another one of our impressive results came against the renowned sporting college Barking Abbey in the national cup. With the rain lashing down on the 4g surface, the game went into extra time at 2-2. In the last minute of the allocated time, Elvis Mensah smartly finished a chance from 10 yards to cap off a memorable performance against tough opponents.

The following round saw the boys pitched up against Weydon School in Surrey where they came up against a very well organised team who won by 2 goals. Overall, despite the year 7 boys not achieving silverware, what they were capable of doing this year was playing consistent, passing football with an emphasis of

playing out of defence like many of the great footballing teams. This ethos will be taken into year 8 where the boys will progress to 11 a side games on larger pitches.



Y8 Football

It has been a season of 'so close yet so far' for the Y8 St Aloysius' College Football team this year, with a mixture big wins and tight losses. The squad had a lot to live up to, coming off the back of an 18 game undefeated season, but moment prevailed, with the team making it to at least the semi-finals in all competitions entered. However, due to some tough away fixtures and tight home games the only chance of defending a title came against Highbury Grove in the Islington & Camden Cup Final. With a strong team put out, the boys came away with a 5 – 1 win, retaining the cup for another year. Noticeable performances came from Solomon Hamilton and the tenacious Nana Frimpong-Harrison.



This season has also seen the introduction of a number of new players representing the School. Most noticeably, Oliver Da Silver and Rodney Puente. Having worked hard during the Wednesday morning Football club a number of boys have proven themselves and won a spot on the starting line up. The introduction of this club has also lead

to the creation of a B and C team, as well as a number of School trips, including an Under 23 Arsenal Fixture at the Emirates.

Year 9 Football

In the National Cup, the team's first opposition was Stanley Park, where St Aloysius won easily with a 4-0 victory. In the next round, the team came up against Hall Mead School and after a promising start; unfortunately the boys' were beaten 5-2.

In the London schools competition, the first round saw St Aloysius through with a comfortable 5-0 win against Lister School. The next game was against Carshalton Boys, a strong sporting school from Surrey. The game started evenly with Carshalton scoring and then St Aloysius levelling it as the score reached 5-5.

After that, the game fell into hands and they took control, with In the Inner London Cup, the first against Elm Green School. The go in St Aloysius' favour as the down heavily and the game length changed, this affected the team, not put in their best performance, In the Camden and Islington Cup, their first round by beating COLAI 10-1. In the next round, they Highbury Grove and won in a close 4-3, which sent them through to



Carshalton's a 12-5 win. game was game did not rain came had to as a result did and lost 4-2. the team won convincingly played fought match the Semi-

final. In the next game against Haverstock, arguably, the toughest team left in the competition, St Aloysius played well and fought hard to win 2-1 to put them into the final for the 2nd year in a row.

The final game of the competition was against Holloway School, and as last years final was still fresh in the boys' minds, they were desperate to put the record straight and put their name back on the trophy. The game was played like a game of cat and mouse, where St Aloysius conceded goals but were then able to level it up with a quick response. Once the score got to 3-3, St Aloysius took the initiative and used the wind to their favour by scoring another two goals to secure the victory and claim the Camden and Islington Cup.

Top goalscorer for the team this year was Neo-Chay Rodney who managed to score in every one of the nine games this year.

Year 10 football



The year 10 football started the season with four competitions and were full of optimism going into their first National cup as reigning champions. We had a bye in the first round and had been drawn against Jo Richardson school away in the second round of the National Cup, we started brightly taking a 2-0 lead in the first 10 minutes however some sloppy defending a mistake by the goalkeeper meant come half time we were 3-2 down. The boys rallied together at half time and offered a lot more going forward in the second half eventually winning 8-4 in our first game of the season. In

the third round we had been drawn against Cardinal Wiseman at home, it was a tight game with neither side taking their chances and was still 0-0 at half time. Cardinal Wiseman scored with less than ten minutes to go with a good counter-attacking goal and while we pushed hard for an equaliser, they broke again on the counter attack and scored that decisive second goal that killed us off and any chances of us progressing further in the national cup. Our dream was over, for this year anyway. In the London School's FA Cup we had a first round tie versus Southbank School and after giving a goal away early on, we regained composure and convincingly won 7-1. Our second round game was away at Barking Abbey and we played extremely well winning 4-0 and keeping our first clean sheet of the season. In the third round, we had drawn against Thomas the Apostle who we had beaten last year 4-3 so we knew it was going to be a close game. However, we never got into the game and St Thomas showed their class and got their revenge for last year by beating us 7-1. The inner London cup was a title we had won back when the boys were in year 8 and we were keen to win again we started brightly in the first round showing grit and determination to beat a well organised side from Sedgehill School 4-3, Manuel scoring an absolute screamer in the last minute. We had drawn against Skinners academy in the second round and again had been given an away tie, it was another tight game but in the end we showed our resilience and won 3-2. The third round was our first home game in the competition and we look comfortable as we won 4-1 against Stoke Newington. We had the pleasure of getting another home tie in the quarter finals against City of London School it was an energetic game of football and both sides pushed hard for the win, at half time it was 2-2 and it was anybody's game for the taking. They scored a decisive goal with 2 minutes left and despite all our hard efforts couldn't equalise eventually losing 4-3 to a very good team. All we had left was the Islington & Camden cup which we had won for the previous three years, but this year was special as the finals was to be played at the Emirates Stadium and the boys were keen to get there. Our first round game we were given a bye but it didn't make our second round game any easier. We had been drawn against Haverstock, it was a home tie and game that would have made a great final as it saw two attacking teams play good football. It was set to go the extra time when we Denzelle stepped up and scored a winner five minutes from time. It was a hard fought win and we deserved it. We drew against William Ellis in the next round and against unlike the previous round it was a scrappy and edgy game, we had a lot of chances but couldn't finish them. The game eventually finished 2-2 and went to extra time. During extra time both teams defended nervously and snatched at a rare chance, the second half of extra time was almost up when Denzelle hit a shot that was wildly deflected and we had the winner.



The boys were buzzing we were going to the Emirates for the final. We had been drawn against COALI in the final. The day itself at the Emirates was very exciting we travelled down to the stadium as a team and before the game got to sit in the media room. We got changed in the away dressing room and we were lead out the tunnel by the officials, it was all very professional and made a great experience for the pupils involved. We didn't start well and let an early goal in trailing 1-0 we had a few chances but couldn't find our shooting boots until Raul was taken down in the area, the ref pointed to the spot, Penalty! Raul took his chance calmly and we were back level 1-1. This didn't last long and it wasn't long before Adnan was picking the ball out of his net as COALI scored an excellent long range effort to put them 2-1 up. We showed our strength by equalising again just before half time. The second half started like the first we us looking slow and leggy COALI capitalised on this and took the lead once more. We had the better chances in the second half but couldn't quite finish them off. WE had less than 20 minutes to go when Clive picked the ball up on half way played a quick one two and used his pace to get behind the COALI defence where he coolly slotted in the equaliser. For the third time in the game we were level. 3-3 and confidence was high, we pressed and made life difficult COALI to get out of their own half, eventually all the pressure was rewarded and from a corner we scored to make it 4-3 and put us ahead for the first time in the match. We didn't let the lead slip again and even added to it with a late goal to win the Islington and Camden Cup for



the fourth year straight. I must say all pupils involved did themselves and and the St Aloysius proud and it was a fitting way to end the football year for the year 10 team.

Year 11 Football

This season saw the year 11's come up short in the three competitions. The first game was the Inner London Cup away to Kingsdale School in Dulwich. It was a great start to the 1st half, with Arnold Mengi scoring early.

However, an own goal from Dominic Curran and a suspected hand ball from a Kingsdale fee kick really deflated the lads. They rallied hard with midfielder, Yuel Sahle, making his presence known with some physical encounters. The team scored to level the game in the 2nd half, but Kingsdale heaped more pressure until they scored the winning goal five minutes from the full time whistle.

Carshalton School were the team's next opponents. A very strong school saw the team go 4-2 down in the 1st half. Centre backs, Danny Sabine and Dominic Curran were immense under constant attacks. However, the team really struggled at corners, conceding 3 goals from set pieces. Despite great play from Clyne on the left and good hold up play from Maurice Lebbie, the team lost 5-2.

In the Camden and Islington Cup the team played and lost to St. Mary Mag's school. Again, Samaria played as well as Bami, Dominic and Anthony O'Malley yet the opposition proved too quick in attack. The team lost 4-1.

Handball



Handball club after schools runs for years 9/10 & 11 from 3.05pm till 5pm and year 7 & 8 on Monday Lunchtimes. New pupils are always welcome to turn up and try the sport. We have had a good turn out each week in terms of pupils, and a whole range of different ages. We are lucky to have Gaele, who is a level 2 handball coach, who takes the sessions and has them training hard each week and learning the new rules and tactics which benefits them in many other sports.

It is great to see new pupils turn up to training after they have been taught handball in their core PE lessons. It shows the hard work we put into the lessons is having a positive effect on those pupils who wish to pursue it further.

The year 7/8 Handball did particularly well winning the Islington & Camden district handball championships beating firstly Swanlea 10-6 then Petchey Academy 14-5 and made it to the London youth games finals held at the Copper box to see if they could recreate last year's feat of winning that and making it to the National Finals again.



The boys did not start well losing their first game against the eventual winner Harris academy. However, after this the boys won every single game on route to the final. Where they would be facing Harris academy again, the game went to extra time and unfortunately, we lost in the last minute after pressing for the winning goal. The squad did themselves proud and hopefully with training next year they can push hard again for more success.



Y7 Indoor Athletics

A fantastic result for the year 7 indoor athletics teams during the winter term. The A team (Back row) ended up as borough champions, progressing onto the London finals where they had the opportunity to compete at the renowned copper box arena. Special mention to Noedy Luvandu who won every single race he competed in.

A team competitors (from left to right): Aaron Fordjour, Connor Walsh, Elvis Mensah, Noedy Luvandu, Ethan Tuitel, Eloim Mukendi, Daniel Nwabueze and Ewan Jupp.



Year 8 indoor athletics

Indoor athletics provided a great opportunity for Y8 to demonstrate their strength and depth within the year group, with a large number of students representing the school's athletics team for the first time. Out of the fresh faces, it was Noah David with the most noticeable performance, using his strength and power to dominate his events. However, it was the veteran Arron Keto who stole the show, coming first in the 8 lap and triple jump both weeks. This combined success resulted in the team coming first over across the



two weeks, proving that once again St Aloysius is the dominate local sporting school. █

Indoor athletics London Championships

The events in indoor athletics are a showcase for the year 7 and 8 pupils to show their speed, power and endurance. All boys involved should be proud of their efforts and as we had both year 7 & year 8 teams qualify for the London Semi Finals' Which took place in March 2017.

Both teams competed well and did themselves and the school proud. The event took place at the Copper box and the teams came 4th & 5th respectively against some very tough competition.



Badminton.

The badminton club continues to be both popular and competitive. Many year 9 GCSE students have worked hard to raise their practical grades. We have a decent number of year 7 and 8 students attending, who are all getting better, meaning the club's future is in good hands. Tariq has worked hard with the pupils who have become very competitive, pushing each other to improve. Muhammad Hamza is a prime example.

The badminton team, after winning the KS3 Islington Championships, were competing in the next stage of event, this time representing Islington. The team won their first match completely dominating doubles play as well as the singles play, with Hao Nguyen and Jackson Song winning their singles games. The team were drawn against the very strong team, Alexandra Park School. The team lost the match 3-2, which meant the next match was pivotal. The team, including Ferdinand Badu and Riley Timms, lost the first singles and doubles game, but Jackson Song won his singles game. This meant that Barnabus and Riley needed to win their doubles game. Sadly, they lost by two points. Since the competition, the team has really developed their skills and tactical awareness and will hopefully perform better next year.

Islington Running League

St Aloysius had a fantastic year in the running league with them winning both the Year 7&8 and 9&10 categories for the 1st time since its inception.

In the older category, the boys achieved 1st place on every outing, 4 races in total. Marcos Amanuel was the outstanding performer, ranked 2nd overall with 5 points total, and winning the race held at St Aloysius College playing fields. The only other performer to complete 4 races was Fawaz Adekunle who improved greatly across the 4 races.

Other notable performances came from Jordan Sackey, Levi Liston, Zaki Ibrahim, Elton Addae Mensah and Isiaq Araba.

In the junior category, we made a slow start in the 1st Emirates Stadium race but we went on to win the next Emirates race and the race on the school fields. This put us in a great position to go on and be crowned champions.

Our best 2 runners in the category were Andres Gonzalez with 21 points over 4 races and Josh Kim with 26 points over the 4 races. Matas Williams and Eloim Mukendi were other notable scorers for the team ably supported by Noedy Luvandu, Yonathan Tesfaldet, Caleb Jackson, Awule Lasu and Emmanuel Jonata.



Tennis



This year has seen the boys who attend tennis club on Thursday make excellent progress and have gained a lot of enjoyment from the sessions. A coach runs the sessions from Coolhurst Tennis Club along with the expertise of Mr. Emsley. On July 6th, 9 boys attended The Championships at Wimbledon. The boys that were selected were regulars at Thursday's tennis club and deserved an opportunity to see the best players in the world battle it out at Wimbledon. We were lucky enough to get court 1 tickets, as well as visiting the play tennis tent and the players' zone where the boys' were able to get some autographs off some of the professionals.

TABLE TENNIS



The Table Tennis club, which runs on Friday evenings, continues to be the most popular after school club with coach Steve Achille, provided by Arsenal ITC Premier League 4 Sport funding, in attendance. The session is both fun and serious, with the more elite players receiving expert tuition. Some of the boys went on to represent Islington in the London Youth Games with Scott Chung, Hoa Nguyen and Calvin Le in Year 7 making



excellent progress this year. More than 50 students attend the session most weeks and its great to see them enjoying the sessions so much.

Rio Homecoming Party.



We received an invitation from The London Major to the Rio Homecoming party at Trafalgar Square in recognition of all their hard work at the Olympics and to help celebrate their success. A group of athletes from year 9 were invited on the day to help inspire them and also due to them performing well last year with the Handball team. We got to meet athletes and watch a show with live bands and Olympians coming on stage and sharing their stories about Rio. It was great to be involved in something so special and inspiring and the boys even got to hold a gold medal from Rio.



Staff vs Sixth form football

The staff got revenge from last year's narrow 2-1 loss, and delivered a real message to the 6th form team winning 9-0 and keeping a clean sheet in this fixture for the first time in 4 years. Special mention must go to the Old Aloysius' Football team who helped on the day and were scouting recruits for the season ahead.

