

Sixth Form –BTEC course Description

Course title: BTEC level 3 National Extended diploma in Sport

Entry Requirements: 5 or more GCSE's grade 5 or above, Science and PE would be desired.

Topics Covered:

In Year 12	In Year 13
<ul style="list-style-type: none">• Anatomy and Physiology• Fitness training and programming• Professional development in the sports industry• Sports leadership• Application of fitness testing• Coaching for performance• Practical sports performance	<ul style="list-style-type: none">• Sports event organisation• Research methods in sport• Sports injury management• Sports psychology• Investigating business in sport and the active leisure industry• Skill acquisition in sport• Development and provision of sport

Exam Board: Pearson

Details of Examinations:

In Year 12	In Year 13
<ul style="list-style-type: none">• Unit 1 – Anatomy and Physiology (External assessment)• Unit 2 – Fitness training and programming for health, sport and well-being – (Controlled external assessment)	<ul style="list-style-type: none">• Unit 19 – Development and provision of sport (External assessment)• Unit 22 – Investigating business in sport and the active leisure industry (External assessment)

Post-18 Progression and Pathways to universities:

There are a range of pathways which BTEC level 3 in Sport can offer at university, including:

- Sports coaching
- Sports management
- Sports psychology
- Sports business management

Enrichment:

- In this course, you will be offered the opportunity to assist the PE department in a range of activities in the role of coaching, playing and officiating roles.

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